



Adult Day Program March — 2026 — Mars

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game</p>	<p>2 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game</p>	<p>3 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy</p>	<p>4 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bowling</p>	<p>5 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo</p>	<p>6 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler</p>	 <p>7</p>
 <p>8</p>	<p>9 9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview</p>	<p>10 9:30 Meet/Greet 10:30 Music by: Malcom Wade 11:30 Brain Games 12:00 Lunch 1:00 Motiview</p>	<p>11 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Games Room Fun</p>	<p>12 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Drum with William</p>	<p>13 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque aTout</p>	 <p>14</p>
 <p>15</p>	<p>16 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 St. Pat's Tea with International Set Duo</p>	<p>17 St. Patrick's Day 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Irish Bingo</p>	<p>18 9:30 Meet/Greet 10:30 Exercise 11:30 Chapel/Neil 12:00 Lunch 1:00 New Age Kurling</p>	<p>19 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game</p>	<p>20 1st Day of Spring 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games</p>	 <p>21</p>
 <p>22</p>	<p>23 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo</p>	<p>24 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music Therapy w/David Macintosh</p>	<p>25 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Buzz into Spring Luncheon 1:00 Music by: Brent Meidinger</p>	<p>26 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy</p>	<p>27 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party w/Ukaphonease</p>	 <p>28</p>
 <p>29</p>	<p>30 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Games Room Fun</p>	<p>31 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 TGC Choir</p>				