

















Adult Day Program May— 2026 — Mai

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Meet/Greet ¹ 10:30 MotiView 11:15 Brain Games 12:00 Lunch 1:00 Pétanque aTout	 ² <i>Supporting a Vibrant Community</i>
 ³	9:30 Meet/Greet ⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet ⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Tulips & Tea Party, Music by: Roger Fowler	9:30 Meet/Greet ⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet ⁷ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque aTout	9:30 Meet/Greet ⁸ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bingo	 ⁹
 ¹⁰	9:30 Meet/Greet ¹¹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bowling	9:30 Meet/Greet ¹² 10:30 MotiView 11:15 Brain Games 12:00 Lunch 1:00 Cinco de Mayo Bingo	9:30 Meet/Greet ¹³ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Art Therapy	9:30 Meet/Greet ¹⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Dai Basset	9:30 Meet/Greet ¹⁵ 10:30 Exercise 11:15 Brain games 12:00 Lunch 1:00 Board Games	 ¹⁶
 ¹⁷	Centre Closed For Victoria Day ¹⁸	9:30 Meet/Greet ¹⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Talent & Treasure Day	9:30 Meet/Greet ²⁰ 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 MotiView	9:30 Meet/Greet ²¹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Spring Jingo	9:30 Meet/Greet ²² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party Music: Russell L.	 ²³
 ^{24/31}	9:30 Meet/Greet ²⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	9:30 Meet/Greet ²⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Drum with William	9:30 Meet/Greet ²⁷ 10:30 Exercise 11:15 Brain Games 12:00 TGC Talent Show & Luncheon	9:30 Meet/Greet ²⁸ 10:30 MotiView 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	9:30 Meet/Greet ²⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	 ³⁰ <i>Supporting a Vibrant Community</i>