












Adult Day Program June — 2026 — Juin

(Schedule Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Meet/Greet ¹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Russell Levia	9:30 Meet/Greet ² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	9:30 Meet/Greet ³ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	9:30 Meet/Greet ⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	9:30 Meet/Greet ⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque aTout	
	9:30 Meet/Greet ⁸ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque aTout	9:30 Meet/Greet ⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Dai Bassett	9:30 Meet/Greet ¹⁰ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	9:30 Meet/Greet ¹¹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Strawberry Social & Music by: Lauren Hall	9:30 Meet/Greet ¹² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Drum with William	
	9:30 Meet/Greet ¹⁵ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music with David Macintosh	9:30 Meet/Greet ¹⁶ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling	9:30 Meet/Greet ¹⁷ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Summer Jingo	9:30 Meet/Greet ¹⁸ 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:00 Motiview	9:30 Meet/Greet ¹⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Father's Day Bingo	
1st Day of Summer 	9:30 Meet/Greet ²² 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Canadian History thru Radio with Laurence Wall	9:30 Meet/Greet ²³ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Story Telling by: Mary Wiggin	9:30 Meet/Greet ²⁴ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Malcom Wade	9:30 Meet/Greet ²⁵ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bingo	9:30 Meet/Greet ²⁶ 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:15 Birthday Party Music by: Normand and Laura Lynn	
	9:30 Meet/Greet ²⁹ 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	9:30 Meet/Greet ³⁰ 10:30 Exercise 11:15 Brain Games 12:00 Canada Day Lunch & Music by Mary-Ellen Shennan	