

June 2026

Adult Day Program

670 Albert Street, Ottawa, Ontario K1R 6L2



The Good Companions
Supporting a Vibrant Community



Celebrating June

Great Outdoors Month

Corn on the Cob Day

June 11

World Blood Donor Day

June 14

Men's Health Week

June 15–21

Father's Day

June 21

Take Your Dog to Work Day

June 26

Adult Day Program Staff

We are just a phone call away!

613-236-0428

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Centre Closed

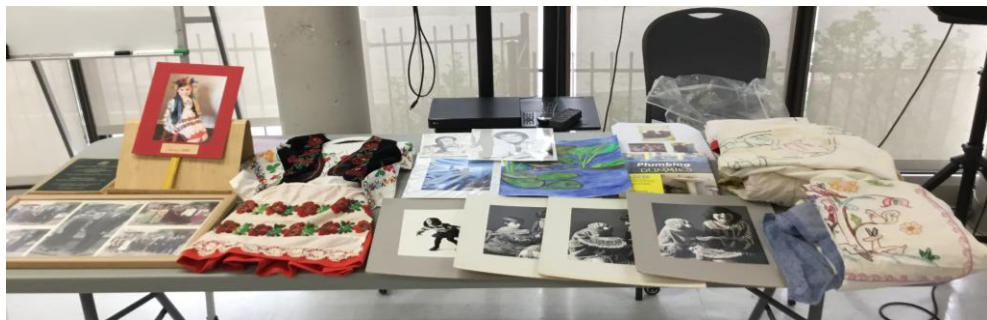
The Centre will be closed **Wednesday July 1st** for Canada Day

Placement Student

We are happy to welcome Sheila P., who is in the Social Service Worker Program at Algonquin College. She will be working with us Monday to Thursday from May until August.

Treasure and Talent Day

We celebrated the treasures and talents of our members by sharing stories, song, and precious memories.



Annual General Meeting



You are cordially invited to join The Good Companions'

70th ANNUAL GENERAL MEETING

MONDAY, JUNE 8, 2026
3:00 PM

Location: 670 Albert Street, Back Dining Room

Light refreshments will be served

Please RSVP online by Monday, June 1, 2026:

thegoodcompanions.ca/upcoming-events/upcoming-events-rsvp/
or call 613-236-0428 x2100.

Father's Day Word Search

- DAD
- DADDY
- FATHER
- PAPA
- GRANDPA
- PARENT
- LOVE
- MEMORIES
- HANDSOME
- STRONG
- PATERNITY
- JUNE
- DAUGHTER
- SON
- BABY

F A R D E N Y S M B M T O L S
 N A A R D A U G H T E R W O U
 U C T N C I P E A S M A M S N
 L M L H N O I T A C O V R P D
 P O P S E C L E Q L R E K I A
 U I P E C R M P I O I L F C D
 Y T N S R E T L M D E T R E D
 S T R O N G P A T G S E D X Y
 A U G R D A D Y B O A Y A T E
 R L J U L E P A T E R N I T Y
 K E F G L C E A T H I R G A S
 B A L Y P A R E N T R E U Y D
 S J U N E S O O H A E H S B R
 U Y P E M N O E M O S D N A H
 C H E T A M C L Y E G M R B S
 G R A N D P A C V J B R I N B
 F O S E M A E O C E C I O W L
 B N O S S U L N E R W A P A P

ONESTOPWORDSEARCH

June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Geminis love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- Janet C. – June 6th
- Kurt B. – June 8th
- Maru O. – June 8th
- June W. – June 10th
- Marcel C. – June 15th
- Dale H. – June 15th
- Madeleine B. – June 18th
- Sheila P. – June 23rd
- Heather A. – June 26th

