



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Centre Closed for Civic Holiday	4 Turkey Schnitzel	5 Salmon Salad	6 International Menu West African Chicken Hair Care 	7 BBQ Hamburger
10 Sweet and Sour Pork	11 Breaded Fish Tea Dance 1:00 pm (tickets required)	12 Meatloaf Lecture: The New Face of Fraud 10:30 –11:30 am  Nurse Practitioner	13 Centre Closed for Volunteer Recognition NO PROGRAMS NO LUNCH	14 BBQ Sausage
17 Chicken Thigh	18 Pork Stir-Fry	19 Soup and Sandwiches (room 019) TGC Annual Pride BBQ 12:00 pm (tickets required) 	20 Hamburg Steak Foot Care 	21 BBQ Chicken
24 Chicken Schnitzel	25 Sole with Parsley Wine Sauce	26 Beef Stir Fry Day Trip Botanical Gardens (Montréal, QC) (tickets required)	27 Southwest Chicken Pizza Foot Care 	28 BBQ Pork Loin  Birthday Party
31 Chicken Burger	Upcoming Events SENIORS ACTIVE LIVING FAIR AND OPEN HOUSE September 9 FALL PROGRAM REGISTRATION September 15, 16 & 17 WELCOME BACK LUNCHEON September 22			

Upcoming Events

SENIORS ACTIVE LIVING FAIR AND OPEN HOUSE
September 9

FALL PROGRAM REGISTRATION
September 15, 16 & 17

WELCOME BACK LUNCHEON
September 22