Adult Day Program
November — 2026 — Novembre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	**2** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	**3** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Crafts with Reese	**4** 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Music by: Roger Fowler	**5** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Obie & Board Games	**6** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Pétanque a Tout	**7**
8 	**9** 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bowling	**10** 9:30 Meet/Greet 10:30 Remembrance Day Service 11:30 Exercise 12:00 Lunch 1:00 Pétanque a Tout	**11** **Centre Closed** **Remembrance Day** 	**12** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	**13** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling	**14**
15 	**16** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Music by: Marco Zarco	**17** 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Anniversary Luncheon (71st) & Music by: Malcom Wade	**18** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Drum with William	**19** 9:30 Meet/Greet 10:30 Motiview 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	**20** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Bean Bag Game	**21** The Good Companions Supporting a Vibrant Community
22 	**23** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 New Age Kurling	**24** 9:30 Meet/Greet 10:30 Music by: Brent Meidinger 11:15 Brain Games 12:00 Lunch 1:00 Dabber Bingo	**25** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Card Bingo	**26** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Magazine Scavenger Hunt	**27** 9:30 Meet/Greet 10:30 Music by: Arlene Quinn 11:30 Brain Games 12:00 Lunch 1:15 Birthday Party	**28**
29 	**30** 9:30 Meet/Greet 10:30 Exercise 11:15 Brain Games 12:00 Lunch 1:00 Board Games					